

# Working From Home

She stood beside the kitchen sink looking out the window  
While swaying to Chronixx in the background  
As she had to get up from the computer to move around  
Working from home was now getting her down

If it wasn't for the radio she thought what would I do  
This is my company now COVID 19 you see, you!  
Pure Confusion, Panic, Mayhem and Fear  
Like an invisible fog you have appeared

Her mind started to wonder about the people she can't go to see  
Her extended family, friends and some of her work colleagues  
Who would have thought this was how 2020 would be

She goes upstairs to the bathroom - part of her workout for the day

Looks in the mirror and sees nothing but pure grey  
Scattered across her forehead like stars in the night sky  
She smiles to herself and thinks "well you said you were going to embrace them. But not like this, guys"

Her work mobile starts ringing  
downstairs she returns  
Now back in front of the computer  
she utters these words  
Stay safe and stay SANE

Yvonne Samms

